

PLAYING REGULATIONS - MEN'S AND WOMEN'S WRESTLING

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A. CHAMPIONSHIP ROSTER

The championship roster shall consist of one (1) wrestler per weight class, plus two (2) coaches.

Weight classes in kilograms for men are under 54, 57, 61, 65, 68, 72, 76, 82, 90, and 90 to 130 (heavyweight).

Weight classes in kilograms for women are under 48, 51, 55, 59, 63, 67, 72, 72 to 82.

B. TEAM BENCH

C. PARTICIPANTS

C.1 TEAMS – not applicable

C.2 IDENTIFICATION

All participants must wear proper attire, which is a team uniform with logo or a distinguishable marking on the singlet. Wrestlers must present themselves wearing a singlet in school colour(s) and insignia. Wrestlers not wearing a singlet in school colours will be allowed to compete, but will not accumulate team points.

C.3 INDIVIDUAL ELIGIBILITY

Competitors are not allowed to move up or down from the weight class submitted to CIS from the Sport Conference championships, notwithstanding the substitution policy.

C.4 INDIVIDUAL ENTRIES

MEN/WOMEN:

Within each weight class, the top three finishers from Canada West, the top three finishers from the OUA, as well as the top two finishers from the AUS/QSSF qualify for the CIS Championship.

- a) The first, second and third place finishers from the OUA shall be entered as the OUA "A", OUA "B" and OUA "C" respectively.
- b) The first, second and third place finishers from Canada West shall be entered as Canada West "A", Canada West "B" and Canada West "C" respectively.
- c) The first and second place finishers from Atlantic University Sport/QSSF shall be entered as the AUS/QSSF "A" and AUS/QSSF "B" respectively.

- d) Substitution: For the National Championship meet, Sport Conferences may substitute an athlete in the event of injury, illness, or other serious personal problems by a lower placed finisher in that weight class. If no other athletes are available to fill the void in the weight class, the institution that qualified the weight class can substitute a wrestler as long as the athlete fulfills CIS eligibility requirements. If the institution that qualified the weight class cannot fill it, then other institutions, in order of finish in the weight class, can attempt to fill the void. It should be noted that institutions can only have one wrestler per weight class. All requests for substitutions must be forwarded to the CIS office immediately following the Sport Conference championship for consideration and decision, before the substitute wrestler may compete. The coach and Athletic Director of the substitute wrestler should be informed immediately. The CIS office will be charged with communicating the substitution to the Host of the CIS championship and all institutions participating in the championship.

C.5 INDIVIDUAL RANKINGS - not applicable

C.6 TEAM ENTRIES – reference C.4

C.7 TEAM RANKINGS – not applicable

#### D. COMPETITION

D.1 TYPE OF EVENT AND EVENT ADMINISTRATION – not applicable

D.2 DRAWS, POOLS, SEEDING, TRIALS AND HEATS

D.2.1 DRAW: MEN and WOMEN

The following draw will be used for the CIS Wrestling Championship.

- a) A two-pool format will be used when there are six or more wrestlers in a weight class. If the number of wrestlers is five or less, then one pool will be used.
- b) In the two-pool format, wrestlers will be seeded according to conference placement as outlined below. In the one pool format the top two wrestlers will be seeded so that they should not meet until the final.
- c) Within a pool, wrestlers will compete in a round robin where each wrestler will wrestle all other members of the pool.

D.2.2 SEEDING: TWO-POOL FORMAT

Wrestlers will be placed into the two pools based on their conference of origin in the following pattern. In the event that one or more wrestlers are unable to compete after the weigh-in, please reference items (i) and (ii) below.

Starting placement within pools for preliminary rounds will be done by random draw.

Pool One

1. Canada West A
2. OUA B
3. Canada West C
4. AUS/QSSF A or B \*

Pool Two

1. OUA A
2. Canada West B
3. OUA C
4. AUS/QSSF B or A \*

\* Beginning in 2002 and continuing in even numbered years, AUS/QSSF A will include the first place wrestlers from alternate weight classes, beginning with the lowest weight, as well as the second place wrestlers from the remaining weight classes. Wrestlers not in this group will make up AUS/QSSF B. In odd numbered years, these groups of weight classes will be reversed.

i) In the event that a single wrestler within a pool is unable to compete upon conclusion of the weigh-in period, the same seeding system will be used and the affected pool will be reduced to the three remaining athletes.

ii) In the event that two wrestlers within the same pool are unable to compete upon conclusion of the weigh-in period, two pools of three will be formed in the following manner:

a. If the two wrestlers are from either Canada West or OUA, then the top ranked wrestler from the other pool will be moved so that each pool has a representative with a different number of wrestlers from each of Canada West and OUA.

For example:

Within Pool One, if Canada West A and OUA B are unable to compete, then OUA A from Pool Two would be moved to Pool One.

b. If one of the two missing wrestlers is from an AUS team, the AUS wrestler from the other pool will be moved to the pool missing the two wrestlers.

#### D.2.3 SEEDING: ONE-POOL FORMAT

In the event that the number of competitors is five or less then a round robin competition will take place between those five. Seeding for the top two competitors will be by majority vote of the CIS wrestling coaches.

#### D.2.4 FINAL PLACEMENT WITHIN POOLS AND ADVANCEMENT

In order to determine placement within pools for advancement, the classification system for round robin competition as described in the CAWA Rules will be used.

Where two pools are used, each wrestler will compete against the person in the other pool with the same placement. That is

Pool A 1<sup>st</sup> vs. Pool B 1<sup>st</sup> for 1<sup>st</sup> / 2<sup>nd</sup>  
Pool A 2<sup>nd</sup> vs. Pool B 2<sup>nd</sup> for 3<sup>rd</sup> / 4<sup>th</sup>  
Pool A 3<sup>rd</sup> vs. Pool B 3<sup>rd</sup> for 5<sup>th</sup> / 6<sup>th</sup>  
Pool A 4<sup>th</sup> vs. Pool B 4<sup>th</sup> for 7<sup>th</sup> / 8<sup>th</sup>

Where one pool is used, the results in that pool shall determine the final placement.

D.3 FORMULA AND FORMAT – not applicable

D.4 PROCEDURES AND PROTEST

- a) Any protest must be submitted in writing not later than thirty minutes following the end of the match in question, to the Championship Management Committee, accompanied by a \$50.00 protest fee. If the protest is upheld, the fee shall be returned to the protestor, whereas the \$50.00 fee for an unsuccessful protest is forfeited to the host institution.
- b) Guidelines for protest: Except for the composition of the protest committee, the current CAWA protest policy will be used.
- c) If a protest is upheld, the wrestlers shall wrestle 1, 2-minute period to determine the winner of the match.

D.5 SCHEDULE OR ORDER OF EVENTS

Sport Conference championships shall be held two (2) weeks prior to the CIS Championship.

Note: If there are facility conflicts existing for a Sport Conference championship, the Sport Conference championship shall be held three (3) weeks prior to the CIS Championship.

The following "Schedule of Events" is strongly advised for the CIS Championship:

- Thursday:
  - Weigh-ins\* and medical within a one hour timeframe between 17:30 and 20:00.
  - A clock must be visible during the weigh-in indicating the remaining time in the 1-hour count down.
  - The medical time period is to occur prior to the weigh-in.
  - Hosts to provide a "lock-in scales" at the weigh in.
  - Scales must be available at the host hotel 24 hours in advance of the Championship weigh-in.

- Friday      Round I      - 10:00  
                 Round II      - 13:00  
                 Round III     - 15:30
- Saturday    Round IV     - 13:00  
                 Bronze, 5th and 7th Place Matches

Championship matches.

(Recommended start time between 13:00 and 19:00 at the discretion of the Host Convener.)

- D.6 GAME TIMES – not applicable
- D.7 PRACTICE TIMES / WARM UPS – not applicable
- D.8 OVERTIME AND TIME-OUTS – not applicable
- D.9 TIE-BREAKING – not applicable

#### D.10 SCORING AND STANDARDS

For determining Institutional Team standings and Sport Conference standings at the CIS Championship the scoring shall be:

1st place:	10 points
2nd place:	8 points
3rd place:	6 points
4th place:	5 points
5th place:	4 points
6th place:	3 points
7th place:	2 points
8th place:	1 point

- D.11 RECORDS AND STATISTICS – not applicable

#### E. EQUIPMENT AND FACILITY

- E.1 BALL – not applicable
- E.2 VIDEO

- E.2.1 FIRST ROUND OPPONENT – not applicable

- E.2.2 VIDEO TAPING - HOST REQUIREMENT

The Host should ensure video replay is available at the side of the mat.

- E.3 NUMBERED UNIFORMS – not applicable

E.4 BIBS, SOCKS, SHIRT COLOR, TIGHTS AND TOWELS – reference C.2

Anklelets must be worn during the matches to determine which wrestler is red and which is blue.

E.5 HEAD GEAR AND HELMETS

Head gear is permissible.

E.6 CAPTAIN'S IDENTIFICATION – not applicable

E.7 DEPTH CHARTS – not applicable

E.8 SPOTTER PHONES – not applicable

E.9 FACILITY AND MEET REQUIREMENTS

- a) In all preliminary rounds, three (3) official size mats will be used (9 meters), with the appropriate markings clearly visible and offering sufficient "protection area" to guard against possible injury.
- b) The championship matches will be conducted on two (2) official size mats with the order of weight classes left to the discretion of the championship Convener.
- c) A warm-up area shall be provided of sufficient size to allow 20 wrestlers to warm-up simultaneously.
- d) Timing devices used during the preliminary and championship matches must visibly show the time of the match and must have an alarm/sound at the expire of regulation time.

F. RULES

Competition shall be governed by the CAWA rules as per the current Canadian Amateur Wrestling Rules and Guide with the CIS modifications as listed throughout the playing regulations.

- a) Weigh-In:  
As per CAWA Guidelines as used at the Senior National Championships
- b) Medicals: As per CAWA Guidelines, with the following modifications:
  - the championship Convenor may use trained medical staff in place of a medical doctor.
  - a clock, indicating the amount of time remaining in the medical session and visible to all wrestlers and coaches, shall be placed within the medical area
  - a system of identification, indicating who has completed their medical prior to proceeding to their weigh-in, and visible to all wrestlers and coaches, shall be implemented
  - a clock, indicating the amount of time remaining for the weigh-in, and visible to all wrestlers and coaches, shall be placed within the weigh-in area.

- c) Coaching Guidelines:  
Coaches shall be allowed to "participate" from the corners during matches, with the provisions that "participation" be restricted to "encouraging" and "directing" their own wrestlers. Should this rule be violated, the penalty shall be:

1st infraction in a match	- warning
2nd infraction in a match	- banishment for the remainder of that match
Major infraction, Red Card	- banishment from the building for the duration of the championship

The officiating team of the match in question, as well as the Head Referee of the Championship must be in agreement before a Red Card is issued to a coach.

- d) Fluids: Fluids may be consumed by the wrestler between rounds.

## G. MEETINGS

### G.1 COACHES TECHNICAL MEETING

A Technical meeting will be scheduled post the weigh-in period, but prior to the first match of the National Championship to review technical matters pertaining to the championship. Time of the meeting will be at the discretion of the Host Organizing Committee.

The Technical meeting agenda shall, at a minimum, include the following:

- Confirmation of seeding within each pool
- Review of protest procedures and Committee members, in particular, appointment / determination of Coaches Association designates
- Review of CIS rules that are different from CAWA
- Confirmation of individual award criteria and selection

### G.2 COACHES ASSOCIATION MEETING

The CIS Wrestling Coaches Annual General Meeting will be scheduled in conjunction with the CIS Wrestling Championship. The agenda shall be prepared by the President of the Coaches Association and circulated at least three days prior to the meeting.

G.3 COACHES CLINIC – not applicable

G.4 PRESS CONFERENCE – not applicable

## H. OFFICIALS

### H.1 FUNDED OFFICIALS

Thirteen (13) officials assigned by the CAWA, no more than nine (9) from the host Sport Conference and no less than three (3) from the other Sport Conferences. The thirteenth official will be a local official who does not require any travel. The CAWA will not have to select any officials from the furthest Sport Conference participating in the championship.

H.2 ASSIGNMENT – not applicable

H.3 NEUTRALITY – not applicable

H.4 QUALIFICATIONS

Minimum nationally "A" rated; usually internationally rated.

H.5 HOST RESPONSIBILITIES

Ground transportation, meals, accommodation (double occupancy) and official's fees. A list of the championship officials is to be circulated to all participating teams prior to the CIS championship.

H.6 NSO'S RESPONSIBILITIES

Travel arrangements to and from the championship host site for all officials.

H.7 FEES

\$65/official/day.

H.8 STAND BY OFFICIAL – not applicable

H.9 SELECTION PROCESS

Based on ranking list and availability. CAWA shall forward to the Host the list of officials no later than 30 days prior to the championship.

H.10 ON SITE ASSIGNMENT – not applicable

## I. AWARDS AND TROPHIES

*\*PLEASE REFER TO POLICY 60.20 FOR MORE DETAILS RE STANDARD CHAMPIONSHIP AWARDS.*

I.1 CANADIAN INTERUNIVERSITY SPORT PENNANT AND CHAMPIONSHIP TROPHY

Presented to the championship teams (men's and women's).

I.2 CANADIAN INTERUNIVERSITY SPORT MEDALS

Medals presented to the top three athletes in each weight category.

### I.3 ALL-CANADIANS

- a) The gold medallist in the men's and women's events at the CIS Championship will make up the 1<sup>st</sup> Team All-Canadians.
- b) The silver medallist in the men's and women's events at the CIS Championship will make up the 2<sup>nd</sup> Team All-Canadians.

### I.4 OUTSTANDING WRESTLERS OF THE YEAR

- a) Selected by the Coaches Association.
- b) Outstanding Wrestler will be selected by secret ballot by the membership of the CIS Wrestling Coaches Association. Each member of the Association will return his/her voting ballot to the Secretary/Treasurer of the Association upon completion of the Championship Matches.
- c) Scoring system: 5 points for first, 3 points for second and 1 point for third.
- d) Sport Conferences are to forward a list of their award winners to the Awards Chairperson prior to the CIS Championship.

### I.5 ROOKIE OF THE YEAR

- a) Selected by the Coaches Association.
- b) Nominated athletes must be 21 years of age or under as of September 1<sup>st</sup> in the academic year in question.
- c) Selection is based on the athletes performance at the CIS Championship.
- d) Scoring system: 5 points for first, 3 points for second and 1 point for third.

### I.6 COACH OF THE YEAR

- a) Selected by the Coaches Association.
- b) Coaches recognized as "Sport Conference Coach of the Year" will be the nominees for the CIS award.
- c) Sport Conferences recognized: Canada West, OUA, QSSF/Atlantic University Sport.
- d) Sport Conferences are to forward a list of their award winners to the Awards Chairperson prior to the CIS Championship.
- e) Each member of the CIS Coaches Association will have a vote. Vote ballots will be distributed at the Coaches meeting and collected by the Championship Convener at the conclusion of the Championship matches.
- f) Scoring system: 5 points for first, 3 points for second and 1 point for third.
- g) Selection is based on the athletes/team's performance during the season including the National Championship.
- h) Co-winners will be declared in the event of a tie score.

## I.7 STUDENT-ATHLETE COMMUNITY SERVICE AWARD

- a) Selected by the Coaches Association.
- b) Recipient who best exhibits outstanding achievements in three (3) areas: wrestling, academics and community involvement.
- c) Selection process to be circulated at the start of the season.

## I.8 CHAMPIONSHIP MVP – reference I.4

## I.9 TOURNAMENT ALL-STAR TEAM – not applicable

## I.10 COACHES ASSOCIATION MERIT AWARD – not applicable

## I.11 OTHER AWARDS:

## I.11.1 R.W. PUGH FAIR PLAY AWARD

- a) Selected by Championship Management Committee in conjunction with Host.
- b) Selection criteria is circulated once yearly to all Coaches Association members.

## J. COMMITTEES

## J.1 CHAMPIONSHIP MANAGEMENT COMMITTEE

The Management Committee shall rule on all matters necessary for the championship to proceed and will, in addition, act as the Protest Committee at the championship. The Management Committee shall apply CIS Rules. The Management Committee may not, nor may any member, make an exception to any CIS Rule or to a sanction imposed by CIS. The Management Committee has no jurisdiction to consider or interpret CIS Eligibility Regulations.

Composition of the Management Committee shall be:

- i) Convener of Championship - non-voting chair;
- ii) CIS Delegate;
- iii) Technical Delegate;
- iv) President of the Coaches Association, or designate.

A quorum shall require all of the four members, or their replacement.

If a member of the Management Committee was involved, directly or indirectly, in a decision or an interpretation of a CIS Rule that is being appealed/protested to the Management Committee that member shall be excused from the Management Committee. In this event, the remaining members of the Management Committee have the authority to appoint as a replacement for the excused member an individual who is independent, unbiased and uninvolved in the matter in dispute. The decision regarding whether a member of the Management Committee should be excused and replaced lies solely with the Management Committee.

Notwithstanding the procedures described in CIS policy 90.70.4.1.1 (see below), the CIS Championship Management Committee shall have the power and jurisdiction to take interim on-the-spot measures to address minor code of conduct issues (inappropriate or unsportsmanlike conduct that is not criminal in nature) that arise at CIS Championships, in a timely fashion. The record of the incident, including the interim measures taken to address it shall be copied to the Athletic Director(s) of the affected school(s), and the CIS office and Discipline Committee.

It is the expectation of CIS that persons representing Member institutions, and/or Canadian Interuniversity Sport, at CIS Championships will behave responsibly, and with propriety, and in accordance with the laws of the land.

90.70.4.1.1      Procedures Regarding Misconduct

Where misconduct occurs at a CIS Championship (including traveling to and from the event, practice days and competition days), the Chief Executive Officer, assisted by the event Convenor, shall:

- a) Investigate the particulars of the incident that gave rise to the misconduct;
- b) Determine the amount and type of damage to property or injury to persons;
- c) Identify the persons and institutions responsible for the incident; and
- d) Summarize this information in a written report.

The Chief Executive Officer shall provide a copy of the written report to the President, who may bring a complaint in accordance with Canadian Interuniversity Sport Policy 90.40 - Discipline. A copy of the written report shall be provided to the Directors of Athletics of the institutions involved.

J.2      JURY OF APPEAL – not applicable

J.3      DELEGATES – not applicable

K.      APPENDICES

APPENDIX A

TIE BREAKING: GROUP FINALS

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In the event of a tie between two teams, the placing will be determined by using the following tie-breaking criteria. Each step shall be applied until the tie no longer exists.

- the team with the most 1st place finishes
- the team with the most 2nd place finishes
- the team with the most 3rd place finishes
- the team with the most 4th place finishes
- the team with the most 5th place finishes
- the team with the most 6th place finishes

If a tie still exists, it shall be recorded as such. In the event of a tie between more than two teams, use the tie-breaking criteria listed above until one place can be determined. Then continue using the criteria to break the remaining tie(s).